

Group Training Sessions

A la carte pricing	Time	Class fee	Start Date
Swimming	Mon 7:30-8:30pm SAIT	\$300	02-Jan
Swimming	Tues 9-10pm MRU	\$300	03-Jan
Swimming	Fri 6-7 pm MRU	\$300	06-Jan
Track	Tues 8-9pm MRU	\$200	03-Jan
Track / Swim Brick	Tues 8-10pm MRU	\$400	03-Jan
Computrainer Class	Wed 7-8:15 pm JCC	\$525	11-Jan
Drop In rates Swim /Track/Brick	N/A	\$20/\$15/\$30	03-Jan
Group Ride/Run Drop In (Free for Club Members)	N/A	\$10	Random

Notes:

- * Prices include GST. Full payment is required before first class
- * All computrainer sessions are held at The Doctrine's Revolution Studio in the Jewish Community Centre.
- *There aren't additional entry fees to any of the training facilities
- *Club members have priority registration in all classes